

Contact:

Sally Spencer-Thomas, Psy.D., President United Suicide Survivors International, Inc. 720-244-6535 September 29, 2023 FOR IMMEDIATE RELEASE

Hope Blooms at the Buffalo Rose at November 1 Fundraiser for Suicide Prevention

GOLDEN, Co. – With suicides at an all-time high per recent CDC data, those trying to reverse this trend will gather on November 1 and 2 in Golden for a fundraiser/networking event and a national summit. The Denver-based suicide prevention nonprofit, <u>United Suicide Survivors International (US)</u>, and <u>Vibrant Emotional Health</u>, administrator of the national 988 Suicide & Crisis Lifeline, are holding "Celebrating Shining Stars: A Gathering to Honor Suicide Prevention" at the Buffalo Rose. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources, and best practice information for professionals.

"Vibrant is deeply committed to fostering a sense of hope, resilience, and healing within our communities. Supporting the 'Celebrating Shining Stars' event and related summit is not just important; it's imperative. These gatherings provide a crucial platform for individuals and families affected by suicide to connect, share their stories, and access the support they need," said Kimberly Williams, President and CEO of Vibrant Emotional Health. "We understand that healing is a journey; no one should go through it alone. This is an opportunity to create a space where individuals can find strength in their shared experiences and build a supportive community."

"By attending, people can support a vital cause, connect with a community, make a tangible impact, raise awareness, and experience the empowerment that comes from contributing to saving lives," said Dr. Sally Spencer-Thomas, US President and founder. The psychologist became a suicide prevention expert following her brother's death by suicide in 2004. "One of the unique characteristics of our nonprofit is that everyone involved has some type of lived experience around mental health and/or suicide," she continued.

"Proceeds from the evening support our mission to help people impacted by suicide turn their pain into purpose through storytelling, advocacy, and national events like the 'Living Beyond Suicide Summit,'" said Erin Ivie, treasurer for US and Suicide Prevention Coalition of Colorado board member, and co-chair of the Colorado Suicide Prevention Commission. Early bird pricing for the fundraiser, \$50 per ticket, is available through October 1: https://unitesurvivors.org/lbs-shiningstars/.

"We are bringing in two national speakers who also have lived experience to speak on the difference that sharing their personal stories and workplace suicide prevention programs have

made in their lives," said Ivie. 9News morning anchor Jordan Chavez, who has spoken publicly about his personal mental health, will emcee. The event runs from 6-9 pm.

The full-day summit on November 2 addresses "Suicide and Community in the Context of 988," the simplified number for the Lifeline that came online in July of 2022 after years of advocacy from organizations like the US and individuals. "Among the goals are to take a more inclusive approach and put forth solutions from perspectives that haven't been heard. In this time of high distress, perhaps now more than ever, support for our work and getting involved in the cause is crucial," said Spencer Thomas. Summit registration is available at https://www.LivingBeyondSuicide.org/.

For 24/7 mental health and crisis support, call or text 988 or chat online at <u>988lifeline.org/chat/.</u> Support is available in Spanish by texting AYUDA to 988.

###

About United Suicide Survivors International, Inc. (501c3)

United Suicide Survivors International (founded 2016) is an independent international membership organization helping people turn pain into purpose. Our organization serves as a home for people who have experienced suicide loss, suicide attempts and/or intensity, and their friends and families (collectively known as people with lived experience) to leverage their expertise for large scale change. We envision a world where lived expertise becomes the fulcrum that leverages all suicide prevention efforts. We put the lived expertise of suicide attempt and loss survivors into action through leadership, collaboration and advocacy. www.UniteSurvivors.org

About Vibrant Emotional Health

Vibrant Emotional Health is a non-profit organization that helps individuals and families achieve emotional wellbeing. For over 50 years, our groundbreaking solutions have delivered high-quality services and support when, where and how people need it. We offer confidential emotional support through our state-of-the-art contact center and crisis hotline services that use leading-edge telephone, text and web-based technologies, including the 988 Suicide & Crisis Lifeline, Disaster Distress Helpline, Veterans Crisis Line, and NFL Life Line. Through our community wellness programs, individuals and families obtain the support and skills they need to thrive. Our advocacy and education initiatives promote mental wellbeing as a social responsibility. We help over 5 million people live healthier and more vibrant lives each year. We're advancing access, dignity and respect for all and revolutionizing the system for good. Visit vibrant.org. And follow Vibrant on Twitter, Facebook and Instagram.